

# **Invitation CPX 2024**

# 13th Update Symposium Cardiopulmonary Exercise Testing

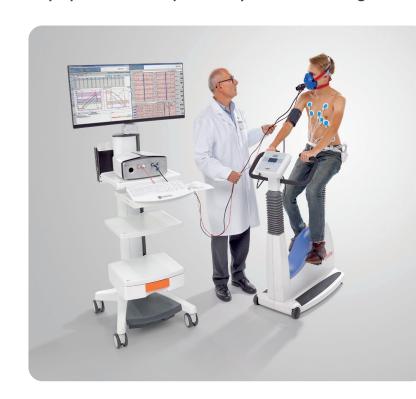
## Saturday 8 June 2024 at Duomed Belgium

The Belgian Working Group on Preventive Cardiology of the Belgian Society of Cardiology joins forces once again with Duomed Belgium to organise the **13th Update Symposium Cardiopulmonary Exercise Testing**.

Theoretical background and practical issues concerning exercise tests will be presented and discussed, together with some interesting case studies.

This year's program has focus/tracks for both basic and advanced CPET levels.

Due to the multidisciplinary character of these exercise tests, this course is intended for cardiologists, pulmonologists, sports doctors, physiotherapists, nurses, students and technicians, both experienced and less experienced in CPET.



#### **LECTURERS**

Dr. Willem De Ridder - UZA

**Prof. Dr. Eric Derom** - UZ Gent

Prof. Dr. Julien Guiot - CHU de Liège

**Prof. dr. Dominique Hansen** - UHasselt

Mr. Michel Lamotte, PhD - Erasme ULB

Dr. Marc Meysman - UZ Brussel

Mr. Johan Roeykens - UZA

Dr. Vincent Vanbelle

Dr. Jan Verwerft - Jessa Ziekenhuis Hasselt





# **Program**

# 13th Update Symposium Cardiopulmonary Exercise Testing

# Morning: PLENARY SESSIONS

## **BASIC TRACK**

09:00-09:30	Registration
09:30-11:00	Basic theory Michel Lamotte (Erasme ULB)
11:00-11:15	Coffee break
11:15-12:15	CPET demonstration Marc Meysman (UZ Brussel)
12:15-13:00	Lunch

## **ADVANCED TRACK** - CPET in exercise intolerance

09:00-09:30	Registration
09:30-10:15	Pulmonary disease and ventilatory problems Eric Derom (UZ Gent)
10:15-11:00	The use of CPETecho Jan Verwerft (Jessa Ziekenhuis Hasselt)
11:00-11:15	Coffee break
11:15-12:00	Exercise intolerance in athletes? Vincent Vanbelle
12:00-12:15	Q&A - wrap-up
12:15-13:00	Lunch

## Afternoon: ADVANCED WORKSHOPS

13:00-14:00	Workshop Session 1*
14:00-15:00	Workshop Session 2*
15:00-15:30	Coffee & End of meeting

\* Each participant can choose 2 workshops:

**Workshop 1:** Neuromuscular diseases and metabolic myopathies - Willem De Ridder (UZ Antwerpen)

**Workshop 2:** Excertional pattern of lung dysfunction - Julien Guiot (CHU de Liège)

**Workshop 3:** Lactate measurements in exercise testing - Johan Roeykens (UZA)

**Workshop 4:** Exercise prescription based on CPET - Dominique Hansen (Jessa Ziekenhuis Hasselt)

#### **PRACTICAL**

**What?** 13th Update Symposium Cardiopulmonary Exercise Testing **Where?** Duomed offices @ Oeyvaersbosch 12, 2630 Aartselaar

When? Saturday 8th June, 2024 from 09:00 till 15:00

Language: English

**Accreditation:** Accreditation for Doctors and Physiotherapists is requested.

Fee: 90€ (physicians), 50€ (non-physicians + trainees) - Sandwich lunch & coffee breaks included

Please pay the appropriate amount **before Friday May 24th, 2024** on **BE97 7350 6544 2349** (Belgian Society of Cardiology, Rue des Champs-Elysées 63 Elyzeese-Veldenstraat, 1050 Brussels) Reference: "**Symposium + name of the participant**"

If you wish to attend this symposium, go to <a href="https://forms.office.com/e/dkwWKg9v39">https://forms.office.com/e/dkwWKg9v39</a> or scan the QR code to fill out the registration form.

